

EXECUTIVE
WELLNESS
PROGRAM



UNIVERSITY GENERAL HOSPITAL
Where Five-Star Luxury Meets Clinical ExcellenceSM



YOUR HEALTH IS YOUR GREATEST ASSET

At University General Hospital, we know that your health is your most valuable asset, and staying healthy is priceless.

Periodic medical check-ups help ensure that you will always be at your physical best. By undergoing a regularly scheduled physical exam, you will have up-to-date, invaluable information as to your health and well-being.

THE BEST DETECTION IS EARLY DETECTION

A regular physical exam allows for early detection for many conditions and diseases prior to any symptoms becoming evident. Early detection allows for prompt diagnosis and effective treatment, and it allows you to continue doing what you really want to be doing – living life to the fullest!

The Executive Wellness Program at University General Hospital offers a comprehensive healthcare approach designed to take into consideration the value of your time as a busy professional. Our packages are ideal for health risk assessment and disease prevention. By identifying possible medical problems and encouraging a healthier lifestyle, you can help reduce your overall healthcare costs, increase your productivity, and enjoy a fulfilling, healthy life.

In addition to selecting from one of our Executive Wellness Packages, you may wish to consult with one of our world-renowned physicians in any of their specialty areas. We will be happy to help arrange for any additional medical services you desire. Simply let us know at the time you book your Executive Wellness Exam so that we can schedule your additional requests appropriately.



PEACE OF MIND

We understand that in addition to obtaining an accurate medical evaluation, it is just as important to understand the outcomes and/or results of your evaluation. As such, as part of our Executive Wellness Program, you will receive a doctor-certified report that will prove extremely useful for your medical records, insurance policies, and most importantly, your peace of mind.

The guidance our leading physicians and specialists will give you will be invaluable and may include information from making dietary changes to improve your health, to exercise, and even how you can improve your sleep habits. Their input will also provide information on how to prevent a serious condition or illness and, if a condition or illness is detected, the best path to treatment.

DESIGNED WITH YOU IN MIND

SILVER PACKAGE:

- Examining Doctor's Review of Medical History
- Detailed Summary Letter for Insurance Carrier
- CBC with Auto Differential
- Calcium
- Lipid Profile
- Triglycerides
- Cholesterol – HDL
- Cholesterol – LDL/HDL Ratio
- Cholesterol – Total
- Electrolytes
- Fecal Blood Test
- CA 125
- Glucose
- Iron
- Liver Function
- Magnesium
- PSA
- Renal Function
- Uric Acid
- Urinalysis
 - UA components to include glucose, protein, WBC, RBC, casts, specific gravity, pH, urobilinogen, ketone, nitrite, and bilirubin
- Physical Fitness Assessment
- Lifestyle Assessment
- Nutritional Consultation
- Detailed Review with Physician
- Results Provided in Bound Report
 - Includes results, doctors' notes, transcripts, images, labs, etc.

GOLD PACKAGE:

- Includes Silver Package plus the following:
- CXR PA & LAT (2 images)
 - Stress Test
 - EKG
 - B1
 - B2
 - B6
 - B12
 - Folate

PLATINUM PACKAGE:

- Includes Gold Package plus the following:
- MicroAlbumin
 - Thyroid – T3
 - Thyroid – T4
 - Thyroid – TSH

A LA CARTE MEDICAL SERVICES

Our Executive Wellness Packages also offer an "a la carte" menu of tests and services that will allow you to personalize your visit with us. These include:

- Diagnostic Imaging Services
- Laboratory Services
- Cardiology Services
- Pulmonary Services
- Consultation Specialty Medical Services

CONCIERGE SERVICES

At University General Hospital, we believe the five-star experience should be within reach of everyone. As such, through our concierge services, you have access to a wide range of amenities and services to make your experience with us a memorable one. We are happy to assist you with any of the following:

- Hotel Accommodations
- Transportation Services
- The Houston Experience:
 - Dining
 - Shopping
 - City Tours
 - Spa
 - Personal Trainers
 - Golf
 - Local Events
 - Museums
 - Art Galleries
 - Movies
 - Family Activities

WILL HEALTH INSURANCE COVER MY EXECUTIVE WELLNESS EXAM?

Many policies cover part or all of an annual physical exam. Pre-approval or pre-certification may be required. Our physicians and business office will work closely with you to maximize any benefits you may have for coverage.

If you are an international patient, we are happy to work with your insurance provider or third party administrator. Please specify your provider's information when you call.

HOW TO SCHEDULE AN EXECUTIVE WELLNESS EXAM

To schedule an executive wellness exam, please call (713) 375-7300.

For a listing of all of our physician specialists, please visit www.universitygeneralhospital.com and click on "physician search."

With early detection, proper prevention, and appropriate treatment, you will find yourself enjoying an improved quality of life and greater health.

We look forward to giving you the best care possible.

UNIVERSITY GENERAL HOSPITAL.

Where five-star luxury meets clinical excellence.





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